

## Duke of Edinburgh Award Scheme Bronze Equipment List

### To Wear Walking

- Walking boots (worn in well beforehand)
- Pair (or 2) of walking socks (*not cotton*)
- Trousers (synthetic, *NOT pure cotton/denim/jeans/leisure tracksuit*)
- Thermal top/tee shirt (base layer)
- Sweater (wool or fleece, mid layer)

### Personal Kit (to carry)

- Rucksack\* (55-65litre capacity)
- Waterproof rucksack liner (or strong bin liners)
- Bedroll (e.g. Karrimat)\*
- Sleeping bag (2-3 season, in a waterproof bag)\*
- Waterproof jacket with hood
- Waterproof overtrousers
- Walking socks for second day
- Underwear/hankies
- (pyjamas optional)
- Fleece/wool hat
- Warm gloves
  
- Personal medication (if essential)
- Watch
- Safety whistle
- Torch & spare batteries & spare bulb (or 2<sup>nd</sup> torch) adequate for 3 hrs use
- Water bottle 1-2 litres, strong plastic or metal
- Knife, fork, spoon
- Plate/bowl (plastic or metal)
- Mug
- Extra food (eg chocolate bar for emergencies)
- Washkit
- Small towel
- Pencil and notebook (diary size)

### Optional extras

(depending on weather forecast)

- Sunhat
- Suncream
- Sunglasses/spare glasses(if worn)
- Lipsalve
- Insect repellent
- Camera and film

### Group kit (to carry between the group)

- OS Map of area (provided)
- Waterproof map cases\*
- Route card
- Compass\* (min 2 per group)
- Tents\* (2-3 depending on group size)
- Cooking stove\* (one per 3-4 persons, min 2 per group)
- Fuel bottle\* (*approved type only* for methylated spirit or gas)
- Lighter/matches
  
- Pan scourer
- Washing up liquid in small container
- Tea towel
- Tin opener
- Small first aid kit \* (one per group)
- Plastic bags/binliner for rubbish
  
- Food – 1 breakfast and 1 dinner (group planning), plus 1 lunch each

- *denotes kit that can be borrowed from the school stock. Borrowed kit must be returned to school in clean, dry condition ready for reuse during the week following the expedition.*

*Total packed mass should not exceed 12kg. Packs will be weighed before an expedition. Tents and stoves will be provided and are not included in the packed mass.*